




Name	Silke Ryan	
Country	Ireland	
Organization	University College Dublin	
Current Position	Clinical Professor	

Biography

Professor Silke Ryan is Clinical Professor at University College Dublin and Consultant in Respiratory and Sleep Medicine at St. Vincent's University Hospital Dublin. She graduated in medicine from the University of Jena, Germany in 1998, received her MD by thesis in 1999 and was awarded her PhD degree from UCD in 2006. Dr Ryan has a special interest in respiratory sleep disorders and non-invasive ventilation. Her research focuses on the broad subject of cardiovascular disease mechanisms of obstructive sleep apnoea and in particular, inflammatory responses to intermittent hypoxia. Her research has been published widely with over 90 original manuscripts in prestigious journals such as Circulation, the American Journal of Respiratory and Critical Care Medicine and the European Respiratory Journal and her achievements to date have been recognized by numerous invitations to speak at international conferences and by receiving multiple international awards. Silke is Past President of the Irish Sleep Society and incoming President of the European Respiratory Society (2024-2025).